

# **RESOURCE GUIDE**

There is no intent on the part of the McKinney Independent School District or its employees to endorse specific agencies or providers listed in this guide, nor is this list inclusive of all services available in the area. The family of the student is free to obtain other suggestions from any other source. The information in this guide is current as of April 18, 2017.

To seek additional resources, contact the Texas Health and Human Services referral hotline by dialing 877-541-7905 or by checking their website: <a href="http://www.211texas.org/">http://www.211texas.org/</a>

# **About this Guide**

For the past five years, we have collaborated with local non-profits and government to bring the Summit on Youth to this community. This event brings together those in our area who have a vested interest in helping teens succeed. We spend the entire day learning, networking, sharing and brainstorming, so that we all can work better together.

This guide is intended to aid the community in connecting teens and their families with agencies and services that can help them. Access the online version at: http://volunteermckinney.org/media/images/yrg-2017.pdf

If your agency would like to be added to next year's version or if you need to make edits to your listing, please contact us at dana.riley@volunteermckinney.org.



# 2017 McKinney Summit on Youth Collaborating Agencies

- o Children's Health/ The Health and Wellness Alliance for Children
- o City House
- City of McKinney
- City of McKinney Juvenile Courts
- Collin College
- o Collin College Center for Scholarly and Civic Engagement
- Collin County Juvenile Probation
- McKinney Education Foundation
- McKinney Chamber of Commerce
- McKinney Independent School District
- North Texas Job Corps
- Sustainable Ventures
- o The Samaritan Inn
- Volunteer McKinney

Special thanks to our Summit on Youth sponsors

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# BASIC NEEDS

# **Basic Needs**

#### ALLEN COMMUNITY OUTREACH

801 E. Main St. Allen, TX 75002

Phone: (972) 727-9131 Website: www.acocares.org

Services Offered: Provides emergency food, clothing, and financial assistance to low-income individuals. Information and referral, prescriptions, job placement service, vision assistance for exams and lenses, Food Stamps, CHIPS, and Medicaid application assistance. Food, clothing and basic household items available to residents of smaller communities in Collin County & the homeless. Primarily Allen, Lucas and Fairview.

#### ASSISTANCE CENTER OF COLLIN COUNTY

900 E. 18th St. Plano, TX 75074

Phone: (972) 422-1850

Website: www.assistancecenter.org

Services Offered: Provides information about and referrals to social services for residents of Collin County. Maintains files on community resources. Contact agency for emergency food, clothing, and financial assistance. Publishes Collin County Cares: A Directory of Human Services Connecting People and Their Needs. State-designated I & R Community Information Center in Collin County.

#### BUCKNER CHILDREN AND FAMILY SERVICES, INC.

700 W. Pearl St., Suite 1000

Dallas, TX 75201

Phone: (214) 758-8023 Website: www.buckner.org

Services Offered: Residential care for children and Family Pathways, a program providing residential services to single-parent families, foster care, prevention, and intervention programs throughout the community, including life skills and technology training, crisis relief after-school programming, educational services, and mentoring.

#### CITYCHURCH YOUTH OUTREACH MCKINNEY

320 Industrial Blvd. #202

McKinney, TX 75069 Phone: (214) 491-4173

Website: www.citychurchmckinney.com

Services Offered: Serves the at-risk youth and families in McKinney. We share the love, hope, and joy of Christ in the neighborhoods as we help to meet their physical, emotional, and spiritual needs.

#### **C.I.T.Y HOUSE**

901 18th St.

Plano, TX 75074

Phone: (972) 424-4626 Website: www.cityhouse.org

Services Offered: Shelter for youth of all ages at My Friend's House, Transitional Living Program for young adults ages 16-21 includes residential care, case management, GED assistance, job assistance, and counseling to work towards independence.

#### **COMMUNITY FOOD PANTRY**

307 Smith St.

McKinney, TX 75069 Phone: (972) 547-4404

Website: www.community-foodpantry.org

Services Offered: Provides emergency food to families in need.

#### **COMMUNITY LIFELINE CENTER**

1601 N. Waddill St., Suite 102

McKinney, TX 75069 Phone: (972) 542-0020

Website: www.communitylifeline.org

Services Offered: Financial help – rent, utilities, food, medical or prescription assistance, job search training,

credit and budget counseling, advocacy and food pantry. Serves Northern Collin County.

#### **COMMUNITY SERVICE, INC.**

808 S. College St.

McKinney, TX 75069 Phone: (214) 585-0885

Services Offered: Utility assistance for families in danger of having their service terminated.

#### FIRST BAPTIST CHURCH OF MCKINNEY

1615 W. Louisiana St. McKinney, TX 75069

Phone: (972) 542-0041

Website: www.firstmckinney.com

Services Offered: Limited assistance to McKinney residents on a first come, first serve basis for help with utility

bills. Please call for details.

#### FRISCO FAMILY SERVICES CENTER

8780 3rd St.

Frisco, TX 75034 Phone: (972) 335-9495

Website: www.friscofamilyservices.org

Services Offered: Emergency food, limited utility, rent and prescription drug assistance, job referrals, life skills classes, and social programs to families in need. Information and referral services provided. Vouchers for clothing and other goods provided to shop at Frisco Resale for qualifying families living in Frisco or Frisco ISD.

#### **HOPE'S DOOR**

860 F Ave., Suite 100

Plano, TX 75074

Emergency Shelter - (972) 422-7233

Phone: (972) 422-2911

Website: www.hopesdoorinc.org

Services Offered: Emergency Hotline, Emergency Shelter, Counseling, Legal Advocacy, Transitional Housing,

Education Services, Teen Dating Violence Prevention, and Battering Intervention & Prevention Program.

# **Basic Needs**

#### **GENESIS WOMEN'S SHELTER**

4411 Lemmon Ave., Suite 201

Dallas, TX 75219

24 Hr. Hotline for victims of domestic violence: (214) 946-4357 (HELP)

Office Phone: (214) 389-7700 Website: www.genesisshelter.org

Services Offered: Emergency shelter, transitional housing, individual and group counseling, child play therapy, teen counseling, case management, parenting classes, domestic violence community education. All services offered in English and Spanish. Free & Confidential.

#### **GOD'S FOOD PANTRY**

3420 E. 14th St., Suite 101

Plano, TX 75074

Phone: (972) 633-9777

Services Offered: Provides food to the elderly and families in need. Hours: 10 a.m.-1 p.m., Tues, Thurs, and

Sat.

#### HEALTH & HUMAN SERVICES COMMISSION & CHILD WELFARE OF TEXAS

901 N. McDonald, Suite 800

McKinney, TX 75069 Phone: (972) 562-5832

Website: www.hhsc.state.tx.us

Services Offered: Administers and provides qualifying information for the Food Stamp Program and Medicaid

benefits.

#### HIGHLAND OAKS CHURCH OF CHRIST

10805 Walnut Lane

Dallas, TX 75238

Phone: (214) 342-6040 Website: www.hocc.org

Services Offered: Emergency assistance for families in need (Only church members and those residing in zip

codes 75238 and 75243). Must call for appointment.

# MCKINNEY HOUSING AUTHORITY

1200 N. Tennessee St. McKinney, TX 75069 Phone: (972) 542-5641

Website: www.mckinneyha.org

Services Offered: Provide safe, affordable and decent housing for low and moderately low income families.

#### METHODIST CHILDREN'S HOME

8330 LBJ, Suite 375

Dallas, TX 78243

Phone: (972) 480-8772 Website: www.mch.org

Services Offered: Provides services for children and youth ages 12-18 daily through residential care, foster care,

and other services.

#### MINISTERIAL ALLIANCE OF FARMERSVILLE (FIRST BAPTIST CHURCH OF FARMERSVILLE)

124 S. Washington St. Farmersville, TX 75442 Phone: (972) 782-8428

Website: www.fbcfarmersville.com

Services Offered: Provides emergency assistance of food, prescriptions, and limited utility assistance. For

Farmersville residents only.

#### **NEW BEGINNING CENTER**

218 N. Tenth St. Garland, TX 75040

Phone: Hotline (972) 276-0423

Website: www.newbeginningcenter.org

Services Offered: Counseling for adult and child victims of domestic violence; 24-hour crisis hotline, emergency shelter for adults and children of domestic violence. Battering intervention and prevention program (BIPP), an approved program for people who use violence.

#### NORTH COLLIN COUNTY HABITAT FOR HUMANITY

2060 Couch Dr.

McKinney, TX 75069 Phone: (972) 542-5300

Website: www.ncc-habitat.com

Services Offered: Provides housing to families and individuals at 0% equivalent long-term mortgages. The homeowners work sweat equity hours building their own homes. It is a self-help housing program. Repairs on existing homes using a sliding-scale based on income.

#### NORTH TEXAS YOUTH CONNECTION

1602 E. Lamar St. Sherman, TX 75090 Phone: (903) 893 - 4717

Website: www.ntxyouthconnection.org

Services Offered: 30 day temporary shelter for youth (Ages 10-17) and Prevention Outreach Programs. Cook,

Grayson & Fannin Counties.

#### **OUR FRIENDS PLACE**

6500 Greenville Ave., Suite 620

Dallas, TX 75206 Phone: (214) 520-6268

Website: www.ourfriendsplace.org

Services Offered: Transitional living program for women ages 18-24.

#### PRESBYTERIAN CHILDREN'S HOMES AND SERVICES

5920 W. William Cannon Dr., Bldg. 3, Suite 100

Austin, TX 78749 Phone: (512) 476-1234 Website: www.pchas.org

Services Offered: Provides group home care to children ages 5-17, programs for single parents, and foster care

and adoption services.

# **Basic Needs**

#### **PROMISE HOUSE**

224 W. Page

Dallas, TX 75208

Phone: (214) 941-8578

Website: www.promisehouse.org

Services Offered: Emergency shelter (30 days) for youth age 10-17; 24-hour crisis intervention and referral. Individual, family, and group counseling, educational programs and family support groups for residential and non-residential youth and their families. Residential and support services for homeless parenting teens and their children.

#### **SALVATION ARMY-MCKINNEY**

600 Wilson Creek Pkwy. McKinney, TX 75069 Contact: Leon Veazey Phone: (972) 542-6694

Website: www.salvationarmytexas.org

Services Offered: Provides food and limited financial assistance for rent and utilities. Youth programs, worship,

and spiritual services (all ages).

#### SEVEN LOAVES FOOD PANTRY

St. Andrew United Methodist Church

1401 E. Mira Vista Plano, TX 75093

Phone: (469) 385-1813

Filolie. (409) 383-1813

Website: www.7loavescommunity.org

Serving residents of Collin County through weekly nutritional grocery supplements and the Food 4 Kids program. Clothing is provided for pantry clients through donations to Joseph's Coat.

#### SHILOH PLACE

P.O. Box 2731

McKinney, TX 75070 Phone: (469) 534-9407

Website: www.shilohplacemckinney.com

Services Offered: Equips single mothers for financial independence and personal wholeness by addressing their educational, emotional, and spiritual needs.

#### TEXAS BAPTIST HOME FOR CHILDREN

629 Farley St.

Waxahachie, TX 75165 Contact: Eddie Marsh Phone: (972) 937-1321 Website: www.tbhc.org

Services Offered: Provides a continuum of services, including foster care for children ages 0-17, private and special needs adoptions services.

# THE ASSISTANCE CENTER OF COLLIN COUNTY

900 E. 18th St. Plano, TX 75074

Phone: (972) 422-1125

Website: www.assistancecenter.org

Services Offered: Provides emergency, short-term financial assistance to children, adults, and families in

emergency situations.

# THE SAMARITAN INN

1710 N. McDonald McKinney, TX 75071 Phone: (972) 542-5302

Website: www.thesamaritaninn.org

Services Offered: Transitional residential shelter for individuals and families who are homeless and primarily

from Collin County.



# EDUCATION

# **Education**

#### CATHOLIC CHARITIES-REFUGEE & EMPOWERMENT SERVICES

9461 LBJ Frwy., #128 Dallas, TX 75243 Phone: (214) 520-6590

Website: www.ccdallas.org

Services Offered: Resettlement help for new refugees. Empowerment counseling, job placement, orientation

workshops, and ESL classes for refugees.

#### **COLLEGE FINANCIAL AID WEBSITES**

www.fastweb.com: Free scholarship search with a database of over 275,000 scholarships.

www.finaid.org: Free comprehensive guide to financial aid.

www.collegenet.com: Provides sector awards and a searchable database of 4,600 colleges.

www.collegeboard.org: Contains scholarship, career and college searches, SAT registration and test dates.

www.ed.gov: Department of Education.

www.fafsa.ed.gov: Free application for student aid.

www.collegeforalltexans.com

http://www.aie.org/pay-for-college/apply-for-aid/a-quick-guide-to-the-texas-application-for-state-financialaid.cfm The Texas Application for State Financial Aid (TASFA) is used to collect information to help determine eligibility for state financial aid programs that are administered by institutions of higher education in the state of Texas. Students that are classified as a Texas Resident who **cannot** apply for federal financial aid using the Free Application for Federal Student Aid (FAFSA) are encouraged to complete the TASFA.

#### **COLLIN COLLEGE**

Phone: (972) 548-6790 Website: www.collin.edu

Offers 100 degrees and certificate programs in a wide range of disciplines to more than 46,000 credit and continuing education students annually.

Central Park Campus 2200 W. University Dr. McKinney, TX 75071 (972) 548-6790

Collin Higher Education Center 3452 Spur 399

McKinney, TX 75069

(972) 599-3100

**Courtyard Center** 

4800 Preston Park Blvd.

Plano, TX 75093 (972) 985-3790

Preston Ridge Campus

9700 Wade Blvd. Frisco, TX 75035 (972) 377-1790 Spring Creek Campus

2800 E. Spring Creek Pkwy.

Plano, TX 75074 (972) 881-5790

Allen Center

300 Rivercrest Blvd. Allen, TX 75002

(972) 377-1060

Rockwall Center

2610 Observation Tr. Rockwall, TX 75032

(214) 771-4573

# 2017 McKinney Youth Resource Guide

#### COLLIN COUNTY ADULT LITERACY COUNCIL

P.O. Box 861304 Plano, TX 75086

Contact: Yolanda Medina Phone: (972) 744-4368

Email: collincountyadultliteracy@gmail.com

Website: www.ccalc.org

Services Offered: Refer adults to literacy/ESL/ABE providers. Referral list is available free upon request or on-line. Provide adult educators with networking system training information and tutoring opportunities.

#### ESL: ENGLISH AS A SECOND LANGUAGE/BILINGUAL DEPT.

McKinney ISD

Contact: Judith Coffman Phone: (469) 302-7710

Website: www.mckinneyisd.net

Services Offered: Bilingual Education for students with Limited English Proficiency to achieve academic

success.

#### FRISCO PUBLIC LIBRARY

6101 Frisco Square Blvd.

Frisco, TX 75034 Phone: (972) 292-5669

Website: www.friscolibrary.com

Services Offered: For Frisco Public Library cardholders' courses are offered at various locations in Frisco including computers and the Internet, job hunting, Microsoft office application, and Spanish are offered.

#### **GED CLASSES**

Allen Frisco Plano

Allen Comm. Outreach Student Opportunity Ctr. Plaza Communitarian

801 E. Main St. 6948 Maple St., Room 108 1300 19th St. Phone: (972) 727-9131 Frisco, TX 75034 Plano, TX 75074

Phone: (469) 633-6706 Phone: (469) 752-2250

GED & ESL classes (adults only)

Wylie McKinney

Rita & Truett Smith Public Library McKinney High School

Sponsored by Denton ISD and the TWC

Wylie, TX 75098 1400 Wilson Creek Pkwy Phone: (972) 429-3100 ext. 6266 McKinney, TX 75069

Phone: (940) 369-0400 (Denton) - (469) 302-5872 (McKinney)

GED & ESL

#### NORTH CENTRAL TX. ACADEMY AT HAPPY HILLS FARM

3846 Texas 144

Granbury, TX 76048 Phone: (254) 897-4822

Website: www.happyhillfarm.org

Services Offered: Day and Residential Private Education for grades K-12. Financial Aid Available.

# **Education**

#### **HEAD START LOCATIONS**

Tatum Elementary Herman Lawson Early Childhood School

405 N. Washington 500 Dowell St.

Farmersville, TX 75442 McKinney, TX 75071 Phone: (972) 784-7305 Phone: (469) 302-2400

<u>Frisco ISD</u> <u>Roundtree Elementary</u>

10330 Cedar Rd. 800 E. Main St. Frisco, TX 75035 Allen, TX 75002

Phone: (469) 633-3828 Phone: (972) 727-0550

#### HOME-SCHOOL INFORMATION/TEXAS HOME SCHOOL COALITION

P.O. Box 6747

Lubbock, TX 79493 Phone: (806) 744-4441 Website: www.thsc.org

Services Offered: Serving the home school community and protecting parental rights.

#### **INROADS**

1333 Corporate Dr., Suite 207

Irving, TX 75038 Contact: Douglas Scott Phone: (972) 870-9114

Website: www.INROADS.org

Services Offered: Develop and place talented minority college students in business and industry internships to

prepare them for corporate and community leadership. Must be enrolled in an undergraduate program.

#### NORTH TEXAS JOB CORPS

1701 N. Church St. McKinney, TX 75069

Phone: Admissions- (800)733-5627 General - (972) 542-2623

Website: http://northtexas.jobcorps.gov

Services Offered: Residential training program including vocational and academic instruction. GED and

Diploma self-paced programs as well.

#### MCKINNEY EDUCATION FOUNDATION

510 Heard St.

McKinney, TX 75069 Phone: (469) 302-6313 Website: www.mmeeff.com

Services Offered: Assist McKinney ISD students with scholarship and college searches as well as help with the

financial aid process.

#### MCKINNEY ISD SPECIAL EDUCATION DEPARTMENT

510 Heard St.

McKinney, TX 75069 Phone: (469) 302-6300

Website: www.mckinneyisd.net/departments/learner-support/special-populations/special education Services Offered: Provides appropriate instruction and related services to students in the McKinney ISD.

#### MCKINNEY ISD STUDENT SERVICES/PARENTING EDUCATION/COMMUNITY AFFAIRS

#1 Duvall St.

McKinney, Texas 75069 Contact: Dr. Stella Stevens Phone: (469) 302-7708

Website: www.mckinneyisd.net

Services Offered: Pregnancy Education Program, Life Skills for Student Parents, Drug-Free activities, student, and parent education programs, Foreign Exchange Student Program, Health Services, Homeless Services, and Admissions Programs.

#### MCKINNEY PUBLIC LIBRARY SYSTEM

Website: www.mckinneypubliclibrary.org

Services Offered: Loans books, audio and video formats; provides information searching assistance; provides educational and informational programming, technology center with internet access

John and Judy Gay Library Roy and Helen Memorial Library

6861 W. Eldorado Pkwy. 101 E. Hunt St.

McKinney, TX 75070 McKinney, TX 75069 Phone: (972) 547-7323 Phone: (972) 547-7323

#### PASTORAL COUNSELING AND EDUCATION CENTER

St. Philip's Episcopal Church 6400 Stonebrook Pkwy.

Frisco, TX 75034

Website: www.pccdallas.org Phone: (214) 526-4525

Services Offered: Provides adult, marital, and family counseling, group therapy opportunities, classes,

seminars and workshops for personal growth and sharpening of skills.

#### TEXAS CHALLENGE ACADEMY

100 School House Rd. Sheffield, TX 79781 Phone: (432) 836-4648

Website: www.texaschallengeacademy.com

Services Offered: Free 5 ½ month residential co-ed training, career development, and service program for high school drop-outs ages 16-18 years with a 12-month post residential mentoring phase.

# **Education**

#### SERENITY HIGH SCHOOL

2100 White Ave.

McKinney, TX 75069 Phone: (469) 742-7830

Website: http://serenity.mckinneyisd.net

Services Offered: Serves Collin County high school students who have completed a recognized chemical dependency treatment program. The goal is to help these students achieve their high school diploma. The curriculum includes API (American Preparatory Institute), Virtual High School, Texas Tech University Credits-by-Exam and other internet courses. The individual Collin County high schools must decide whether or not to participate in the program.

#### SOUTHERN METHODIST UNIVERSITY- PROJECT UPWARD BOUND

207 Hyer Hall, SMU

Dallas, TX 75205

Phone: (214) 768-2364

Services Offered: College preparatory program for minority and low-income students including scholarship opportunities for graduating seniors.

# TEXAS DEPARTMENT OF ASSISTIVE & REHABILITATIVE SERVICES

520 E. Central Pkwy., Suite 232

Plano, TX 75074

Phone: (214) 365-2800

Website: www.dars.state.tx.us

Services Offered: Medical, psychological, and vocational evaluation; counseling, training and education in a

trade, business school, or college.

#### **TEXAS WOMAN'S UNIVERSITY**

304 Administration Dr.

Denton, TX 76201 Phone: (940) 898-2000 Website: www.twu.edu

Services Offered: 59 academic programs in four colleges, scholarship opportunities. Campuses in Denton,

Dallas and Houston.

#### TEXAS WORK FORCE CENTER

1701 W. Eldorado Pkwy.

McKinney, TX 75070 Phone: (972) 542-3381

Website: www.texasworkforce.org

Services Offered: Job placement and preparation for employment opportunities, resources and seminars on resumes, interviewing, and networking. Services for youth starting at age 16.

#### U.S. ARMY

2414 W. University Dr., Suite 116a

McKinney, TX 75071 Phone: (972) 547-9606 Website: www.goarmy.com

#### **U.S. NAVY**

2414 W. University Dr. Suite 116b

McKinney, TX 75071 Phone: (972) 548- 1149 Website: www.navy.com

#### **U.S. AIR FORCE**

2414 W. University Dr. Suite 116c

McKinney, TX 75071 Phone: (972) 547- 9672 Website: www.airforce.com

#### **U.S. MARINE CORPS**

2414 W. University Dr. Suite 116d

McKinney, TX 75071 Phone: (972) 247-6931 Website: www.marines.com

# **UNIVERSITY OF NORTH TEXAS**

Welch and Union Circle

Denton, TX 76203 Phone: (940) 565-2000 Website: www.unt.edu

Services Offered: Over 200 degree programs in 12 colleges and schools. Scholarship opportunities available.

Campuses in Denton and Dallas.



# HEALTH

# Health

#### ADDICARE (STAR PROGRAM)

2722 W Kingsley, Suite 115

Garland, TX 75041 Phone: (972) 278-4760 Website: www.addicare.com

Services Offered: Outpatient Services for Substance Abuse and Dependency

#### AL-ANON/ALATEEN

Phone: (214) 363-0461

Website: www.dallasal-anon.org

Services Offered: Offers support for teens/adults that have a friend or relative who is struggling with problem

drinking.

#### **ALCOHOLICS ANONYMOUS**

6162 E. Mockingbird Ln., Suite 213

Dallas, TX 75214 Phone: (214) 887-6699 Spanish: (214) 905-0770 Website: www.aadallas.org

Services Offered: Directs persons questioning their drinking to local Alcoholics Anonymous groups. Answers questions about Alcoholics Anonymous and the disease of alcoholism. Speaker's bureau, public information, correctional committees and special needs treatment.

#### ALLEN COUNSELING ASSOCIATES

1506 N Greenville Ave., Suite 200

Allen, TX 75002

Phone: (214) 509-6888

Website: www.allencounselingassociates.com

Services Offered: Counseling for individuals, couples, children, teens, and their families in Collin County.

#### BAYLOR SCOTT & WHITE MEDICAL CENTER - MCKINNEY

5252 W University Dr. McKinney, TX 75071 Phone: (469) 764-1000

Website: www.baylorhealth.org

Services Offered: General, acute, and short-term medical care, a complete range of routine and highly specialized diagnostic and therapeutic services, outpatients and emergency services. Also provides social work services including evaluation, counseling, and discharge planning.

#### **CAMP CONQUER**

730 Ave. F, Suite 200 Plano, TX 75074

Phone: (972) 424-3454

campconquer.com

Services Offered: 3 day program for children 8-14 years who have experienced the loss of a loved one. Psychological treatment for children & families.

#### **CANCER SUPPORT TEXAS**

6300 W Parker Rd. MOB 2, Suite 129A

Plano, TX 75093

Phone: (972) 981-7020

Website: www.cancersupporttexas.org

Services Offered: Free support groups for children and adults who have cancer or have a family member or

friend with cancer. Please visit their website for group times. Spanish Speaking groups available.

#### CENTERS FOR THE SURVIVORS OF TORTURE

4102 Swiss Ave. Dallas, TX 75204 Phone: (214) 827-2314

Website: www.cstnet.org

Services Offered: Provides free mental health and social services from licensed professionals to refugees

and asylees who have suffered torture and trauma.

#### CHILD AND FAMILY GUIDANCE CENTER OF COLLIN COUNTY

4031 W. Plano Pkwy., Suite 211

Plano, TX 75093

Phone: (214) 351-3490

Services Offered: Psychological treatment of children from age four, adolescents, and families; Family Therapy, Step-Family, and Single Parent issues; psychological testing including ADD/ADHD; insurance filed

by clinic. Fees based on income and family size. Safety Net Programs as well.

#### CHILDREN'S ADVOCACY CENTER OF COLLIN COUNTY

2205 Los Rios Blvd.

Plano, TX 75074

Phone: (972) 633-6600

Website: www.caccollincounty.org

Services Offered: Facilitates a multidisciplinary team approach to the investigation, prosecution, and treatment of child abuse. Services provided in a child-friendly environment. After investigation, needs assessment, therapy, community referrals and medical evaluation coordination are provided.

#### CHILDREN'S HEALTH - COMPLEX CARE MEDICAL SERVICES

2350 N. Stemmons Fwy., F2.450

Dallas TX 75207

Phone: (214) 456-7200

Website: www.childrens.com

Services Offered: Provide service specifically dedicated to caring for the pediatric population with complex, chronic medical conditions. Complex Care Medical Services is comprised of two main programs - Care Coordination Program and Medical Home.

#### CHILDREN'S MEDICAL CENTER PLANO

7601 Preston Rd.

Plano, TX 75024

Phone: (469) 303-7000

Website: www.childrens.com

Services Offered: Acute care hospital and outpatient services that deal with diseases and disorders among children from birth to age 18. More than 50 pediatric specialty services for children with specific needs.

# Health

#### CHILDREN'S HOUSE AT BAYLOR

Website: www.baylorhealth.com

Services Offered: Transitional assessments for children ages 11-17 with chronic health conditions. Support for parents, connecting families with resources, establishing realistic & meaningful home goals, promoting functional skill development in the home and in the community as well as improving the child's overall level of independence.

Allen Frisco Plano

8 Prestige Cr. 7010 Preston Rd. 7000 W. Plano Pkwy.

Suite 101 Suite 240 Suite 210

Allen, TX 75002 Frisco, TX 75034 Plano, TX 75093

Phone: (972) 727-5312 Phone: (972) 377-2446 Phone: (972) 384-4401

# **CHILDREN'S MEDICAL CLINIC OF PLANO**

1407 14th St.

Plano, TX 75074

Phone: (972) 801-9689

Website: www.plano-cmc.org

Services Offered: Free medical care to Medicaid, uninsured and qualifying patients by volunteer doctors,

nurses, and staff.

#### **COLLIN COUNTY ADULT CLINIC**

2520 Avenue K, Suite 100

Plano, TX 75074

Phone: (972) 423-4941

Website: www.collincountyadultclinic.org

Services Offered: Limited, primary medical care for adults of Collin County who are uninsured and are below

100% of the federal poverty level. No walk ins. \$20 donation for first appointment and \$15 thereafter.

#### COLLIN COUNTY COMMUNITY COLLEGE DENTAL HYGIENE DEPARTMENT

200 W. University

McKinney, TX 75070 Phone: (972) 548-6537

Services Offered: Dental exams and services to Collin County residents. Initial exam and cleaning- adults, \$15;

children, \$5

#### **COLLIN COUNTY HEALTH CARE SERVICES**

825 N. McDonald, Suite 130

McKinney, TX 75069 Phone: (972) 548-5500

Website: www.collincountytx.gov/healthcare services

Services Offered: Immunizations clinic, tuberculosis clinic, sexually transmitted disease clinic, indigent care,

and more medical services.

#### COLLIN COUNTY SUBSTANCE ABUSE PROGRAM

900 E. Park Blvd Suite 130

Plano, TX 75074 Phone: (972) 548-5570

Website: www.collincountytx.gov/substance\_abuse

Services Offered: Provides alcohol and drug prevention and intervention services.

#### **COMMUNITY DENTAL CARE**

Website: www.communitydentalcare.org

Services Offered: Dental care such as examinations, x-rays, sealants, cleaning, fillings, extractions and emergency care for children covered by Medicaid or CHIP who qualify for reduced-rate fees (not sliding scale) based on household income. Reduced-rate fees offered for adult services, which include dentures (full and partial), crowns and non-surgical gum treatment. Uninsured children may also qualify for grant program.

<u>McKinney</u> Plano

825 N. McDonald 900 E. Park Blvd., Suite 180

McKinney, TX 75069 Plano, TX 75074 Phone: (972) 548-5580 Phone: (972) 633-3380

#### **COMMUNITY HEALTH CENTER OF MCKINNEY**

120 S. Central Expy., Suite 102

McKinney, TX 75070 Phone: (972) 547-0606 Website: www.cchc-vim.org

Services Offered: Basic healthcare for patients who have no insurance, live in Collin County North of Plano and qualify financially. U.S. citizenship not required. Translators available Adults are by appointment only. Diabetic, GYN, ENT and asthma/allergy clinics by referral only.

#### **CRIME VICTIMS COMPENSATION**

Phone: (800) 983-9933

Services Offered: Free counseling services for individuals who have been the victim of a reported crime. Applications available at the local police department.

#### DRUG TEST YOUR TEEN

Phone: (214) 797-TEST

Website: www.drugtestyourteen.com Narcotics Anonymous: (972) 699-9306

Serviced Offered: Drug tests to screen for alcohol, tobacco and drugs such as methamphetamine, cocaine, marijuana, and prescription drugs. These tests are \$15, steroid tests are \$150, .80 alcohol tests are \$45. Call and order or order online - parents perform the test at home.

#### Health

#### FAMILY COMPASS

2205 Los Rios Blvd.

Plano, TX 75074

Phone: (972) 633-6726

Website: www.family-compass.org

Services Offered: Volunteers provide in-home casework services under the supervision of a Casework Manager, to help strengthen families who are experiencing stressful life situations. Also provides parenting classes and community education. All services are free, except for the parenting classes which are offered for a minimal fee.

#### FARMERSVILLE FAMILY MEDICAL CENTER

111 N. Johnson

Farmersville, TX 75442 Phone: (972) 782-6131

Website: www.completemedicalhome.org/farmersville.htm

Services Offered: Bilingual, full service medical care, first immunizations. Patients must have a well check

upon first visit for child. Private insurance, Medicaid, sliding scale (proof of income required).

### GREATER DALLAS COUNCIL ON ALCOHOL & DRUG ABUSE

1349 Empire Central Dr., Suite 800

Dallas, TX 75247

Phone: (214) 522-8600

Website: www.dallascouncil.org

Services Offered: Education as well as information and referral services related to the use, abuse, and addiction

of alcohol and other drugs.

#### **HEALING MATTERS**

Medical City of Plano Phone: (972) 519-1588

Services Offered: Grief support for those who have experienced a loss of pregnancy.

#### **HEALTH AND HUMAN SERVICES COMMISSION**

901 N. McDonald, Suite 800

McKinney, TX 75069 Phone: (972) 562-5832

Website: http://www.hhsc.state.tx.us

Services Offered: Disability Services, Medicaid, CHIP, Family and Medical programs.

#### **HUMAN RESOURCES AND CHILD WELFARE OF TEXAS**

McKinney Office 901 McDonald St. McKinney, TX 75069

Phone: (972) 562-5832

Services Offered: Administers and provides qualifying information for the Food Stamp Program and Medicaid

Benefits. To report child abuse call (800) 252-5400

#### JEWISH FAMILY SERVICE OF GREATER DALLAS

5402 Arapaho Rd. Dallas, TX 75248

Phone: (972) 437-9950 Website: www.jfsdallas.org

Services Offered: Counseling for individuals, couples and families including age appropriate play therapy for children and counseling for teens. Individual counseling and support groups for victims of family violence.

Offers case-management. Breast Cancer support groups.

#### JOURNEY OF HOPE GRIEF SUPPORT CENTER

3900 W. 15th St., Suite 306

Plano, TX 75075

Phone: (972) 964-1600

Website: www.johgriefsupport.org

Services Offered: Support and counseling at no cost for children, teens, young adults and their families as they

learn to mourn the death or impending death of a loved one.

#### LIFE PATH SYSTEMS

1515 Heritage Dr.

McKinney, TX 75070

Phone: (972) 562-0190

Website: www.lifepathsystems.org

Services Offered: Diagnosis and treatment for serious mental illnesses, psychiatric services, medication, counseling, substance abuse treatment, and case management. Services for children (ages 3 and older), adolescents, and adults. Also provides services for children and adults with intellectual and developmental disabilities. Locations in McKinney, Allen, and Plano.

#### MEDICAID HOTLINE

Phone: (800) 252-8263

#### **MEDICAID TRANSPORTATION**

Phone: (855) 687-3255

Services Offered: No cost transportation for Medicaid participants to and from medical appointments. Will need a social security number and Medicaid number when calling for transportation request.

#### MEDICAL CITY OF MCKINNEY

Website: www.medicalcitymckinney.com

Services Offered: Comprehensive cardiovascular programs, center for Joint Replacement, neurology, labor and delivery with neonatal unit, outpatient services: sleep lab, emergency services, cancer services, ICU, and women's services are also available.

Wysong Campus

130 S. Central Expressway McKinney, TX 75070 Phone: (972) 547-8888 Main Campus

4500 Medical Center Dr. McKinney, TX 75069 Phone: (972) 547-8000

#### Health

#### MEDICAL CITY OF PLANO

3901 W. 15th St. Plano, TX 75075

Phone: (972) 596-6800

Website: www.medicalcityplano.com

Services Offered: Full service medical/surgical hospital. Offers specialized care in cardiac services, women's

services, orthopedic and emergency services.

#### **MEDICARE HOTLINE**

Phone: (800) 633-4227

#### **MOSAIC FAMILY SERVICES**

12225 Greenville Ave., Suite 800

Dallas, TX 75243

Phone: Family Violence (214) 823-4434 Human Trafficking (214) 823-1911

Refugee Case Management (214) 821-5393

Website: www.mosaicservices.org

Services Offered: Support for victims of family violence, human trafficking, and refugees

#### NAMICCO (NATIONAL ALLEGIANCE ON MENTAL ILLNESS OF COLLIN COUNTY)

Meetings held at Custer Road United Methodist Church

6601 Custer Rd. Plano, TX 75023 Phone: (214) 908-6264

Website: www.namicco.org

Services Offered: emotional support, education, and advocacy for persons of all ages diagnosed with any form

of mental illness and their families and friends.

#### NATIONAL DOMESTIC VIOLENCE HOTLINE

Phone: 1-800-799-SAFE (7233) Website: www.thehotline.org

#### NATIONAL SEXUAL ASSAULT HOTLINE

Phone: 1-800-656-HOPE (4673)

Website: www.rainn.org/get-help/national-sexual-assault-hotline

#### NATIONAL SUICIDE PREVENTION HOTLINE

Phone: 1-800-273-TALK (8255)

Website: www.suicidepreventionlifeline.org

#### NORTH TEXAS COUNSELORS

305 E. McDermott, Suite A

Allen, TX 75002

Phone: (972) 984-2071

Website: www.northtexascounselors.com

Services Offered: Individual, group, family, and play therapy.

#### PARTNERSHIP FOR A DRUG FREE TEXAS

U. S. Department of Health & Human Services

Phone: (877) 726-4727

Website: www.findtreatment.samhsa.gov

Services Offered: Information on treatment centers, who they serve, and what they provide.

#### PLANNED PARENTHOOD OF NORTH TEXAS, INC.

Phone: (214) 363-2004

Website: www.plannedparenthood.org

Services Offered: Well-woman gynecology services, hormone replacement therapy, screening for sexually transmitted infections, family planning education, birth control supplies, pregnancy testing, HIV testing, consultation, and education. Sexually transmitted infection testing and treatment available for men including HIV testing and counseling. Educational services include community educators; and Training Institute for Improved Health, professional training for those who work with young people. Multiple Collin County locations.

#### **RIGHT STEP**

1200 Commerce, Suite 116

Plano, TX 75093

Phone: (469) 420-5126; Admissions and intake (877) 627-4389

Website: www.rightstep.com

Services Offered: Outpatient drug/alcohol program for adults 18 years and over. Sessions are held 3 times per

week for 8 weeks. Most insurance accepted.

#### **SEAY CENTER**

Presbyterian Hospital of Plano

6110 W. Parker Rd. Plano, TX 75093

Phone: (972) 981-8300

Website: www.texashealth.org/seav

Services Offered: Fully licensed psychiatric and addiction residential treatment centers.

#### STRENGTHENING FAMILIES OF NORTH TEXAS

P.O. Box 261903

Plano, TX 75026 Phone: (972) 867-9470

Website:

www.sfntx.org

Services Offered: All services are free-no income guidelines. Spanish available. Services: Clothes closet and food pantry, therapeutic child care, parenting classes, resume assistance and job find assistance, individual & family counseling, respite care (emergency child care-need 24 hour notice), and home visits for those without transportation.

# Health

#### SUICIDE AND CRISIS CENTER OF NORTH TEXAS

Dallas, TX

Phone: (214) 828-1000 Website: www.sccenter.org

Services Offered: 24-hour telephone crisis counseling for suicidal persons and those experiencing crisis. Suicide grief support groups for adults and teens who have lost someone to suicide. Teens Can Survive program provides speakers for teen groups, screening of teens for emotional and mental health issues and referrals if needed. Crisis debriefing services to corporations, schools, and families in the aftermath of suicide. Community crisis intervention and communication skills training.

#### SUMMER SKY TREATMENT CENTER

1100 N. McCart St. Stephenville, TX 76401 Phone: (888) 857-8857

Website: www.summersky.us

Services Offered: Drug rehab center for clients 12-17 years of age.

#### SUNDOWN RANCH, INC

3120 Co. Rd. 2318 Canton, TX 75103 Phone: (903) 479-3933

Website: www.sundownranchinc.com

Services Offered: Drug and alcohol addiction rehab for boys/girls ages 12 to 24 years.

#### TEXAS HEALTH PRESBYTERIAN HOSPITAL OF ALLEN

1105 N. Central Expressway

Allen, TX 75013

Phone: (972) 747-1000

Website: www.texashealth.org

Services Offered: Full service hospital including inpatient care, surgical services, pediatrics, orthopedics, 24-hour emergency department, diagnostic imaging services including mammography and MRI, intensive care unit, maternity services, and breast screening.

#### TEXAS WOMAN'S UNIVERSITY-SPEECH, LANGUAGE, AND HEARING CLINIC

304 Administration Dr.

Denton, TX 76201

MCL Building, 6th floor, TWU, Denton

Phone: (940) 898-2285

Services offered: Children and adults are seen for assessment and treatment for speech, language, feeding, and hearing problems. Graduate speech pathology students provide services under the direct supervision of certified faculty for a variety of disabilities including language disorders, social communication deficits, hearing impairment, voice, fluency, and articulation.

#### TEXCARE PARTNERSHIP, CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

Phone: (1-800) 647-6558

Website: www.dshs.state.tx.us/region4-5/chips.shtm

Services Offered: Developed for children from birth to 18 years. Benefits include: regular checkups, shots, eye exams, glasses, prescription drugs, specialist care, dental care, mental health care, x-rays, lab tests, hospital care and services. Covers pre-existing conditions and offers a choice of doctors.

#### THE FAMILY PLACE

P.O. Box 7999

Dallas, TX 75209 Phone: (214) 941-1991

Website: www.familyplace.org

Services Offered: Shelter, counseling, support groups, and advocacy for victims of family violence-adults and children; counseling, and support groups for survivors of incest and childhood sexual abuse; counseling for batterers. Also offers transitional housing, youth education and prevention services, supervised visitation and exchange and resale shop.

#### THE HEALTH AND WELLNESS ALLIANCE FOR CHILDREN

Dallas, TX

Phone: (214) 456-0444

Services Offered: The Alliance represents a broad coalition of cross-sector organizations determined to measurably improve children's health and well-being in Dallas County and Collin County. (Asthma management, weight management, etc.)

#### THE HEART PROGRAM

8700 North Stemmons Freeway

Dallas, Texas 75247

Main Number: 214-624-7557

Heart Program Manager: Sheri Shulenberger, 214-624-7581, sheri@cpdtx.org

Services Offered: The Heart Program is the only year round group treatment program in Dallas County for children and adolescents who have been sexually abused. The program includes group treatment for non-offending family members.

#### THE TURNING POINT

3325 Silverstone Dr.

Plano, TX 75023

Phone: (800) 886-7273 Hopeline Website: <a href="https://www.theturningpoint.org">www.theturningpoint.org</a>

Services Offered: Provides 24-hour crisis intervention and advocacy to victims of sexual abuse, individual and group counseling to victims of sexual violence, provides education and professional training programs. All services are free and confidential.

# UNIVERSITY OF NORTH TEXAS-CHILD & FAMILY RESOURCE CLINIC

1155 Union Circle

Denton, TX 76203 Phone: (940) 565-2066

Website: www.coe.unt.edu/child-and-family-resources-clinic

Services Offered: Interdisciplinary education/psychological assessment, counseling for children, teenagers, adults, families and couples; parent-child relationship education classes.

# Health

#### UNIVERSITY OF NORTH TEXAS-PSYCHOLOGY CLINIC

1115 Union Circle #311280 Denton, TX 76203-5017 Contact: Randall Cox, PhD Phone: (940) 565-2631

Website: www.psyc.unt.edu/clinic

Services Offered: Provides child, family, and group therapy; individual and marital counseling and

psychotherapy; various evaluation/assessment services.

#### UNIVERSITY OF NORTH TEXAS-SPEECH & HEARING CLINIC

P.O. Box 305010

Denton, TX 76203-5010 Phone: (940) 565-2262

Services Offered: Provides audio logical tests, hearing aid evaluations, fitting and dispensing of hearing aids, aural rehabilitation, speech-language therapy programs for articulation, language, voice and fluency disorders. Special programs include: Cochlear Implant Clinic, Augmentative/Alternative Communication Clinic, Therapy programs for children with Autism Spectrum Disorder.

#### **UPBRING**

8390 LBJ Freeway Dallas, TX 75243 Phone: (972) 620-0581 Website: www.upbring.org

Services Offered: Unplanned pregnancy counseling services with open adoption alternatives available, allowing birth parents to choose, correspond with, and/or meet the adoptive family, maternity-related expenses paid.

Therapeutic foster care service contracts.

#### VICTIM'S ASSISTANCE OF COLLIN COUNTY

2100 Bloomdale Rd., Suite 20004

McKinney, TX 75071 Phone: (972) 548-3692

Website: www.collincountyda.com

Services Offered: Support for victims of violent crime and their families, including families of homicide, as they recover from the physical and psychological trauma of violent crime. Services: court accompaniment, crisis counseling referrals, criminal justice system reform, follow-up contact, assistance in filing claims, shelter/safe house referrals, emergency legal assistance, advocacy, and public awareness.

# WOMEN INFANT AND CHILDREN (WIC)

825 N. McDonald, Suite 120

McKinney, TX 75069 Phone: (972) 548-5543

Website: www.fns.usda.gov/wic

Services Offered: Nutritional program and counseling for pregnant women and children until the age of 5.

Offering food benefits.



# MISCELLANEOUS

# **LEGAL RESOURCES**

#### ADVOCACY, INC

7800 Shoal Creek Blvd., Suite 171-E

Austin, TX 78757-1024 Phone: (512) 454-4816

Website: www.advocacyinc.org

Services Offered: information, referral, and legal advocacy assistance to represent people with disabilities to

secure their human, legal, and services rights in accordance with the organization's federal mandate.

#### **CATHOLIC CHARITIES**

9461 LBJ Freeway, Suite 100

Dallas, TX 75243 Phone: (214) 520-6590 Website: www.ccdallas.org

Services Offered: World of Goods Resale Store, Immigration & Legal Services, Refugee & Empowerment

Services

#### **CASA OF COLLIN COUNTY**

101 E. Davis St.

McKinney, TX 75069 Phone: (972) 529-5572

Website: www.casaofcollincounty.org

Services Offered: Court appointed community volunteers who serve as advocates and speak on behalf of, and in

the best interest of, abused and neglected children in the court system.

#### **COLLIN COUNTY JUVENILE PROBATION SERVICES**

4690 Community Ave. 900 E. Park Blvd., Suite 210

McKinney, Texas 75071 Plano, TX 75074 Phone: (972) 548-6470 Phone: (972) 881-3050

Website: www.collincountytx.gov

Services Offered: Provides guidance and counseling to young people who have been referred by police, agencies, parents, or schools for behavioral problems. Responsible for the Juvenile Detention Center.

# **CRIME VICTIMS COMPENSATION**

Phone: (800) 983-9933

Services Offered: Free counseling services for individuals who have been the victim of a reported crime.

Applications available at the local police department and must include the report number.

#### FAMILY VIOLENCE LEGAL HOTLINE

Phone: (800) 374-4673

#### **FATHERS FOR EQUAL RIGHTS**

Phone: (214) 953-2233

Website: www.fathers4kids.com

Services Offered: Referrals to legal services, counseling, and preparation for cases.

#### LAWYER REFERRAL SERVICE

Sponsored by the Plano Bar Association

Phone: (972) 424-6113 Website: www.planobar.org

Services Offered: Referral by answering service to a licensed attorney to help people according to the type of

lawyer they may need. Attorneys agree to charge no more than \$20 for the initial consultation.

#### LEGAL AID OF NORTHWEST TEXAS

901 N. McDonald, Suite 702

McKinney, TX 75069 Phone: (972) 542-9405 Website: www.lanwt.org

Services Offered: Provides free legal assistance to low-income persons in noncriminal civil law matters, e.g., TANF/Food Stamp denials, landlord/tenant, social security claims, child support, housing, education, family (particularly domestic violence), discrimination, employment and consumer matters.

#### SOUTHERN METHODIST UNIVERSITY-SMU CIVIL CLINIC

Dedman School of Law at SMU

3315 Daniel Ave. Dallas, TX 75205

Phone: (214) 768-2562

Services Offered: Provides legal services to low-income individuals. Takes limited amount of cases that have educational merit (consumer, landlord, tenant, employment law and civil rights). No family law or bankruptcy.

#### STATE BAR OF TEXAS LAWYER REFERRAL & INFORMATION SERVICE

1414 Colorado St.

Austin, TX 78701

Phone: (800) 252-9690

Website: www.texasbar.com/iris

Services Offered: Referrals to attorneys listed with the referral service for cases in all areas of legal services. Callers can receive an appointment to consult with an attorney for a fee of no more than \$20 for an initial 30-minute consultation. No attorneys on staff to answer questions and referrals are not made for free or 'pro bono' cases.

#### TEXAS ADVOCACY PROJECT, INC.

Formerly Women's Advocacy Project

P.O. Box 833

Austin, TX 78767

Phone: (512) 476-5377

Website: www.texasadvocacyproject.org

Services Offered: Provides free legal advice over the telephone to callers with family law, domestic violence, sexual assault, or stalking issues. Makes referrals for consultations to get legal information. Research services available to attorneys in domestic violence or sexual assault issues.

# Miscellaneous

#### TEXAS DEPARTMENT OF FAMILY AND PROTECTIVE SERVICES

Phone: (469) 229-6940

Services Offered: Provides protective services to children and to disabled or elderly adults. Licensing of child care and child placement agencies and institutions, and foster homes. Domestic violence unit through the Plano Police Department.

# **TEEN PREGNANCY**

#### **DALLAS ASSOCIATION FOR PARENT EDUCATION (DAPE)**

3544 E. Emporium Circle Mesquite, TX 75150 Phone: (972) 699-0420

Website: www.dallasparents.org

Services Offered: Offers classes in childbirth education; baby care, adult, infant, and child CPR and emergency first aid classes; parent education workshops; parenting classes; speakers to parent groups; training for early childhood teachers. Also sponsors a Depression after Delivery (DAD) support group.

#### **EMBRACE GRACE MINISTRIES**

773 Lonesome Dove Trail, Suite B

Hurst, TX 76054

Phone: (817) 755-8484

Website: www.embracegrace.com

Services offered: Provide emotional, practical and spiritual support for single, young women who find themselves in an unintended pregnancy. The primary goal of Embrace Grace is to empower churches across the nation to be a safe and non-judging place for the girls to run to when they find out they are pregnant, instead of the last place they are welcomed because of shame and guilt. We provide curriculum and resources for the church to implement our program and become a Pro-Love church.

Life Fellowship Church, 1333 W McDermott Road, Allen, Texas 75013

Leader: Jennifer Ingersol 972-834-2812

Genesis Church, 5780 Virgina Parkway, McKinney, Texas

75071 Leader: Makenzie Sprouse 214-726-5633

Kings Trail Cowboy Church, 498 Bethel-Cannon, Whitewright, Texas 75491

Leader: Sherry Jeffcoat 214-384-5233

#### **GLADNEY CENTER FOR ADOPTION**

6300 John Ryan Dr. Ft. Worth, TX 76132 Phone: (817) 922-6000

Website: www.adoptionsbygladney.com

Services Offered: Residential or non-residential services to pregnant women planning adoption; including counseling, education, career development, medical care and legal services. Full service adoption agency and maternity home.

#### HOPE COTTAGE PREGNANCY AND ADOPTION CENTER

4209 McKinney Ave. Dallas, TX 75205 Phone: (214) 521-4673

Website: www.hopecottage.org

Services Offered: Offers assistance and counseling to women experiencing unplanned pregnancy with no pressure or obligation to choose adoption. Facilitates domestic and international adoptions, offers comprehensive adoption services to pregnant women and their families, those interested in adoption and adopted individuals.

#### PRESTONWOOD PREGNANCY CENTER

690 W. Campbell Road, Suite 150

Richardson, TX 75080 Phone: (972) 386-4015

Website: www.prestonwoodpregnancy.org

Services Offered: Serves primarily Dallas and Collin County women and men. Offers pregnancy testing, counseling and information; social services and referrals; maternity clothing, baby clothing, post-abortion (men and women); single mom's support group; exploring options (to help women decide whether to parent or place their child for adoption); birth mom's support group (support for women who have decided to place their babies for adoption), sexual and physical abuse support groups. A variety of classes are offered throughout the year.

#### **REAL OPTIONS FOR WOMEN**

700 E. Park Blvd. Suite 206

Plano, TX 75074

Phone: (972) 424-5144

Website: www.realoptionsforwomen.com

Services Offered: Helps women in unplanned pregnancies with information on all options. Services include pregnancy tests, pregnancy confirmation, information on pregnancy options and referrals for medical and community services. Also provides community education and post-abortion support groups.

# TEEN PARENTING/CHILDCARE

#### BRYAN'S HOUSE/OPEN ARMS, INC

3610 Pipestone Rd. Dallas, TX 75235

Phone: (214) 559-3946

Website: www.bryanshouse.org

Services Offered: Offers loving care for children with medically-managed needs as well as family-support services. NAEYC accredited childcare for children ages 0-4 years. Nurse on staff every day. Overnight stay possible with a prior reservation. Case management services to connect families with local help agencies. Bryan's House also operates a residential program for children 0-12 years with medical needs. Cost is minimal and based on a sliding scale fee.

#### **CHILDCARE AWARE**

Phone: (800) 424-2246

Website: www.childcareaware.org

Services Offered: Parents are given information about childcare services in their area.

# Miscellaneous

#### **CHILDCAREGROUP**

1420 West Mockingbird Lane, Suite 300

Dallas, TX 75247 Phone: (214) 630-7911

Website: www.childcaregroup.org

Services Offered: Resource and referral for individuals searching for child care in Dallas, Collin, or Rockwall

Counties.

#### JULIETTE FOWLER HOMES, INC (CHERISH THE CHILD)

1234 Abrams Rd. Dallas, TX 75214 Phone: (214) 827-0813

Website: www.fowlerhomes.org

Services Offered: Provides a foster care program.

#### LENA POPE HOME

3131 Sanguinet St. Fort Worth, TX 76107 Phone: (817) 731-9858

Services Offered: Independent living program that promotes hope, happiness, and success for children and their

families.

# MISD PREGNANCY RELATED SERVICES AND SCHOOL-AGE PARENTING SERVICES 510 Heard St.

McKinney, TX 75069 Phone: (214) 578 – 0062 Contact: Rebeka Ecker

E-mail: recker@mckinneyisd.net

Services Offered: Student support services provided by McKinney ISD. Services include Compensatory Education Home Instruction (homebound which a pregnant student receives during the pregnancy prenatal and postpartum periods. The program is designed to help students adjust academically, mentally, and physically and stay in school.

# RESOURCES FOR PARENTS OF TEENS

#### **COMMUNITY LIFELINE CENTER**

1601 N. Waddill St. McKinney, TX 75069 Phone: (972) 542-0020

Website: www.communitylifeline.org

Services Offered: Information and referral services. Limited utility, rent, and prescription drug assistance. Life and job skills education classes including computer lab and one-on-one job seeker support. Limited clothing, diapers, household items and vouchers for food and gasoline. Special programs: school supplies, holiday meals/programs and energy efficiency items.

#### **GREENPATH**

1757 Heritage, Suite 306 McKinney, TX 75069 Phone: (972) 542-0257

Website: www.greenpath.org

Services Offered: Financial and credit counseling, bankruptcy counseling, budget preparation, educational seminars and classes on money management, debt management if client is over-extended and credit report score analysis service. Greenpath is nationally accredited and counselors are certified. Housing counseling for foreclosure presentations available.

#### GOVERNOR'S CITIZEN ASSISTANCE OFFICE

Phone: (800) 252-9600

Services Offered: Government agency referral. Recording in English only.

# **HUMAN RIGHTS INITIATIVE OF NORTH TEXAS**

Phone: (214) 855-0520 Website: www.hrionline.org

Services Offered: Provides supportive social services and promotes international human rights through local

service to refugees and immigrants who have suffered human rights abuses.

#### IGLESIA BAUTISTA CRISTIANA

Phone: (972) 562-4561

Services Offered: Immigration services. Call for appointment.

# IMMIGRATION AND COUNSELING SERVICES

Catholic Charities

9461 LBJ Freeway, Suite 100

Dallas, TX 75243

Phone: (214) 520-6590

Services Offered: Provides assistance and counseling for persons seeking legal immigration status/political asylum/U.S. citizenship as well as special assistance for abused immigrant women.

#### PLEASANT HILLS CHILDREN'S HOME

P.O Box 1177

Fairfield, TX 75840 Phone: (903) 389-2641

Website: www.pleasanthillschildrenshome.org

Services Offered: Treatment for behavior issues for boys and girls 5-17 years. No child is turned away.

# **Miscellaneous**

#### MCKINNEY ISD PARENT EDUCATION

#1 Duvall St.

McKinney, TX 75069 Contact: Dr. Stella Stevens Phone: (469) 302-7708

Website: www.mckinneyisd.net

Services Offered: Free Practical Parent Education courses in English and Spanish. Childcare provided for chil-

dren 4 and older.

#### MOTHERS AGAINST DRUNK DRIVING (MADD) METROPLEX CHAPTER

511 E. John Carpenter Freeway, Suite 700

Irving, TX 75062 Phone: (877) 623-3435

Website: www.madd-metroplex.org

Services Offered: Victim services include family and individual counseling, child/teen grief program, home visits, group support, legal advocacy, information and referral. Information about Crime Victims Fund and judicial process. Public awareness programs include "Wrecked Car" Display, "Tie One On For Safety" Ribbon Campaign, and Underage Drinking Prevention Program.

#### **RUNAWAY HOTLINE**

Texas Youth Hotline: (800) 989-6884

Website: Runaway: www.texasrunaway.org

Youth: www.texasyouth.org

Services Offered: Provides crisis intervention to runaways, potential runaways and their families. Information and referrals are available to callers in need of shelter, counseling and transportation. A confidential message relay service is available to promote communication between runaways and their families.

#### WORKFORCE SOLUTIONS OF NORTH CENTRAL TEXAS-CHILD CARE SERVICES

McKinney Workforce Center

1701 W. Eldorado Pkwy., Suite 250

McKinney, TX 75069

Phone: (888) 548-9675 (972) 542-3382 Website: www.dfwjobs.com

Services Offered: Assists eligible families with payment of child care expenses by administering Texas Workforce Commission funds to contracting, licensed and registered child care providers and through other provider agreements. Parents must meet the TWC eligibility standards (including both parents working/training and qualifying under income guidelines).



# SELF-ESTEEM

#### Self-Esteem

#### THE ALLIANCE OF ELITE YOUTH LEADERSHIP

#104202W. Louisiana St. McKinney, TX 75069

Contact: Ceretha Robinson Phone: (214) 390-5665

Website: www.aeyleadership.com

Services Offered: Youth Mentoring, Outreach Sports Leagues, Community Service Opportunities, Educational

assistance, Scholarship and College Readiness Programs.

#### **BARNEY & ME BOXING PROGRAM**

1207 E. Louisiana St. McKinney, TX 75069 Phone: (972) 562-5958

Website: www.barneyandmegym.com

Services offered: Free boxing classes for ages 7-17.

#### **BIG BROTHERS/BIG SISTERS SERVING NORTH TEXAS**

101 S. Coit Road, Suite 115

Richardson, TX 75080 Phone: (214) 441-2227 Website: www.bbbstx.org

Services Offered: Youth Mentorship Programs

#### **BOY SCOUTS OF AMERICA**

Circle Ten Council 8605 Harry Hines Blvd.

Dallas, TX 75235

Phone: (214) 902-6700 Website: www.circle10.org

Services Offered: Tiger Cubs (7 year old boys), Cub Scout Packs (boys 8-10), Boy Scout Troops (boys 11 and older), and Explorer Posts (boys and girls 15 who have finished 8th grade, to age 20). Promotes citizenship, character building and fitness through values-rich programs.

#### **BOYS AND GIRLS CLUBS OF COLLIN COUNTY**

701 S. Church St.

McKinney, TX 75069 Phone: (214) 544-8924 Website: www.bgccc.org

Programs Offered: Individual, small and large group educational and preventative programs for youth, ages 6-18, designed to guide in the areas of education and career, cultural enrichment, citizenship and leadership, health, recreation, and outdoors.

#### CITYCHURCH YOUTH OUTREACH MCKINNEY

320 Industrial Blvd., Suite 202

McKinney, TX 75069 Phone: (214) 491-4173

Website: www.citychurchmckinney.com

Services Offered: Serves the at-risk youth and families in McKinney. We share the love, hope, and joy of Christ

in the neighborhoods as we help to meet their physical, emotional, and spiritual needs.

#### COMMUNITIES IN SCHOOLS DALLAS REGION, INC.

1341 Mockingbird Lane, Suite 1000E

Dallas, TX 75247 Phone: (214) 827-0955 Website: www.cisdallas.org

Services Offered: Academic tutoring and mentoring, parental and family support, college and career readiness,

and cultural enrichment. Grades Pre-K to 12.

#### **GIRL SCOUTS**

Girl Scouts of Northeast Texas 6001 Summerside Dr. #101

Dallas, TX 75252 Phone: (972) 349-2400 Website: www.gsnetx.org

> Collin Area Service Center 190 E. Stacy Rd., Suite 1512

Allen, TX 75002 (972) 912- 3030

Services Offered: Girls age 5-17. Self-Confidence, Character, and Life Skill building through involvement in troop activities with peers.

#### MCKINNEY PARKS AND RECREATION

1611 Stonebridge Dr. McKinney, TX 75071 Phone: (972) 547-7330

Website: www.mckinneytexas.org

Services Offered: Recreation Center Programs; Aquatic, Athletic, And Outdoor Nature Programs; Special Interest Clubs; Scholarships For Low-Income Families To Participate In Recreation Programs And Sports.

#### ADDITIONAL FACILITIES:

Community Center Old Settler's Park & Recreation Center

 2001 S. Central Expressway
 1201 East Louisiana

 McKinney, TX 75070
 McKinney, TX 75069

 Phone: (972) 547-2690
 Phone: (972) 542-5014

#### Self-Esteem

#### MISD REACH MENTORING

1 Duvall St.

McKinney, TX 75069 Contact: Nancy Cowlishaw Phone: (469) 302-4108

Website: www.mckinneyisd.net

Services Offered: School-based mentoring program designed to cultivate self-esteem and self-confidence into a

child's life while instilling a motivation to learn and improve personal and social skills.

#### **STARRY**

Phone: (469) 617-7476

Website: www.childrenatheartministries.org/STARRY-Home

Services Offered: Free crisis intervention services and solution-focused counseling for children and families struggling with adolescent and relational issues, in 32 Texas counties. Counseling program is available at no cost to all families who have children up to the age of 18. The only exceptions are children who have an active

CPS case or who are on probation.

#### **BRANCHES INCLUDE:**

Plano McKinney

17440 North Dallas Parkway 4501 Medical Center Dr., Suite 300

Dallas, TX 75287 McKinney, TX 75069 Phone: (214) 238-0801 Phone: (469) 617-7476

#### YMCA OF METROPOLITAN DALLAS

601 N. Akard

Dallas, TX 75201

Phone: (214) 880-9622

Website: www.ymcadallas.org

Services Offered: Youth recreation and sports; after-school programs; Y camping available at Camp Grady

Spruce for boys and girls 7-16 years.

**BRANCHES** 

INCLUDE: McKinney
Plano 300 Ridge Rd.

3300 McDermott Road McKinney, TX 75070 Plano, TX 75025 Phone: (972) 529-2559

Phone: (214) 705-9459

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